

**Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations**



**TWFRS M12S**

**Individual Time Trial**

**15/05/2021**

**First rider off at 12:01**

**HQ Time Keepers**

**Stamfordham village hall Start- Sharon Dyson**

**Stamfordham Finish- Frances Schultz**

**Newcastle upon Tyne Peter Schultz**

**NE18 0PF**

**Event Organiser**

**Terry Wilkinson**

**27 Hartington Road**

**Cullercoats**

**Tyne and Wear**

**NE30 3SB**

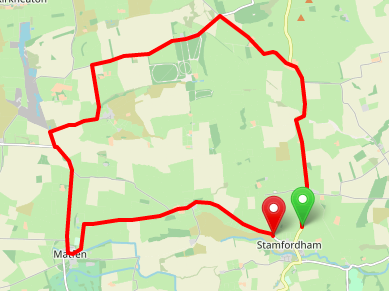
**07769152563**

[**Tesmacpop@gmail.com**](mailto:Tesmacpop@gmail.com)

**Course description and rider notes**

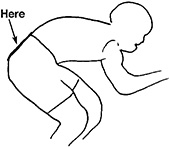
**Start ½ a mile north of stamfordham on the B6309 (situated up the bank from the village hall). Proceed north towards Black Heddon, and bear left to the crossroads signed for Belsay-Wallridge. Turn left at the crossroads heading towards Wallridge. Once through Wallridge and up the climb take the left towards Ingoe. Proceed on this road until the next left signed for Matfen. Follow road to Matfen. Take a left at Matfen and follow to stamfordham for the finish line situated before the village boundaries and national speed limit signs.**

* **Be aware of pot holes on the course. The larger ones will be marked up with yellow paint.**
* **It is the riders responsibility to know the course and route**
* **The marshals are there for rider safety and are not obliged to wave riders out of junctions. Riders must take due care to make sure it is safe to proceed at junctions on course. This is not a closed road event so be aware of all traffic.**
* **There are parts of the course that have narrow country lanes so take care and don’t cut blind corners and risk yourself and other road users.**
* **There will be three red flags on the course for the sharp corners and highlighted hazards. These will be located at the sharp right turn after the hill near the farm, the sharp left at the quarry and finally at the farm with the bad road surface on the run in back to Stamfordham from Matfen.**
* **A detailed map of the course will be available at sign on but please make sure you are aware of the course beforehand.**

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**Rider’s info for sign on and racing**

* **Sign on will be available from 11am. Numbers will be hung up on a washing line (weather dependant!)**
* **Please bring your own covid friendly pen for signing on and off**
* **If you have any signs or symptoms of Covid- Cough, high temp, loss of taste or smell, please do not risk turning up. Please withdraw from the event.**
* **Temperature checks will be taken at sign on.**
* **Alcohol gel and antibacterial wipes will be available at sign on**
* **Toilets will be available via a one way system within the village hall. But please try and get changed before the event where possible.**
* **Please bring your own safety pins for numbers**
* **The numbers are disposable but please remember to sign off**
* **Under 18’s must have a signed parental consent form prior to riding or they will not be allowed to ride**
* **It is compulsory for all under 18 riders to wear a hard-shell helmet for this event**
* **It is compulsory for ALL riders to have a working rear red light for the event. No light, no ride**
* **Please do not warm up near the start or finish line.**
* **There is plenty of parking for riders on the day. Please be considerate to the locals and do not park on the grass or block drives. Parking is available at the old pub located within the village, the layby on the bank next to the HQ and limited parking is also available at the primary school located within the village. Ride up to the event if possible.**
* **If you wish to take part in the Road bike category please sign the road category sheet at sign on. To be eligible for the category riders must not use TT bars. Their wheels must be no deeper than 60mm. TT aero helmets are not permitted. Skinsuits are allowed.**
* **Make sure your number is correctly sighted for the time keepers. Incorrect sighting of the number may result in a DQ.**



**Rider start sheet**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 12:01 |  | Phil | Clark | Tyne & Wear Fire & Rescue Service CC |
| 2 | 12:02 |  | Graeme | Carter | Stockton Wheelers CC |
| 3 | 12:03 |  | David | Linsley | Tyne & Wear Fire & Rescue Service CC |
| 4 | 12:04 |  | Lea | Stephenson | Allen Valley Velo |
| 5 | 12:05 |  | Nick | Badcock | Team Kirkley Cycles |
| 6 | 12:06 |  | Richard | Nichol | Cestria C.C. |
| 7 | 12:07 |  | Graeme | Taylor | Tyne & Wear Fire & Rescue Service CC |
| 8 | 12:08 |  | Daire | Fitzgerald | Tricademy |
| 9 | 12:09 |  | Daryl | Oguona | Tyne & Wear Fire & Rescue Service CC |
| 10 | 12:10 |  | Chris | Smart | GTR - Return To Life |
| 11 | 12:11 |  | Christopher | Wayman | Blumilk.com |
| 12 | 12:12 |  | Al | Heatley | Tyne & Wear Fire & Rescue Service CC |
| 13 | 12:13 |  | Harris | Hall | Velo Culture |
| 14 | 12:14 |  | Carl | Latimer | Tyne & Wear Fire & Rescue Service CC |
| 15 | 12:15 |  | Phil | Hall | Velo Culture |
| 16 | 12:16 |  | Jeff | Haywood | Tyne & Wear Fire & Rescue Service CC |
| 17 | 12:17 |  | Justine | Norman | Velo Culture |
| 18 | 12:18 |  | Caroline | Cunningham | North Tyneside Riders CC |
| 19 | 12:19 |  | Natalie | Mortimer | Tyne & Wear Fire & Rescue Service CC |
| 20 | 12:21 |  | Ilona | Kater | Durham Triathlon Club |
| 21 | 12:21 |  | Sarah | Minto | North Tyneside Riders CC |
| 22 | 12:22 |  | Miriam | Veenhuizen | Durham Triathlon Club |
| 23 | 12:23 |  | Adele | McAleer | Cestria C.C. |
| 24 | 12:24 |  | Stephanie | Ashall | Tricademy |
| 25 | 12:25 |  | Lottie | Steele | Blaydon CC |
| 26 | 12:26 |  | Helen | Ballard | Tricademy |
| 27 | 12:27 |  | Anna | Halstead | Blaydon CC |
| 28 | 12:28 |  | Heather | Gould | North Shields Polytechnic Club |
| 29 | 12:29 |  | Sarah | Hamilton | VO2MAX Race Team |
| 30 | 12:30 |  | Jane | Aston | Blaydon CC |
| 31 | 12:31 |  | Tracey | Sample | Alnwick & District Triathlon Club |
| 32 | 12:32 |  | Amelia | Cleathero | Racing Metro 15 |
| 33 | 12:33 |  | Rachel | Galler | Blaydon CC |
| 34 | 12:34 |  | Jen | McMahon | Sub Rosa |
| 35 | 12:35 |  | Angela | McGurk | Blaydon CC |
| 36 | 12:36 |  | Teri | Bayliss | Sub Rosa |
| 37 | 12:37 |  | Richard | Cleathero | North Racing |
| 38 | 12:38 |  | David | Tickner | North Tyneside Riders CC |
| 39 | 12:39 |  | Richard | Kirby | Tyne & Wear Fire & Rescue Service CC |
| 40 | 12:40 |  | Robert | Noble | Cycleways |
| 41 | 12:41 |  | Mark | Rowell | Tyne & Wear Fire & Rescue Service CC |
| 42 | 12:42 |  | Nick | Hale | North Tyneside Riders CC |
| 43 | 12:43 |  | Gavin | Astley | Tyne & Wear Fire & Rescue Service CC |
| 44 | 12:44 |  | Chris | Ashall | Tricademy |
| 45 | 12:45 |  | Nicholas | Stevenson | Wearside Triathlon |
| 46 | 12:46 |  | Mark | Astley | Tyne & Wear Fire & Rescue Service CC |
| 47 | 12:47 |  | Jay | Sully | North Shields Polytechnic Club |
| 48 | 12:48 |  | Lee | Curran | Tyne & Wear Fire & Rescue Service CC |
| 49 | 12:49 |  | Ian | Wright | North Tyneside Riders CC |
| 50 | 12:50 |  | Thomas | Fletcher | CJ Performance |
| 51 | 12:51 |  | Gareth | Shepherd | Tyne & Wear Fire & Rescue Service CC |
| 52 | 12:52 |  | Harry | King | Team Newcastle Triathlon |
| 53 | 12:53 |  | Phil | McMahon | Sub Rosa |
| 54 | 12:54 |  | Stephen | Walker | Tyne & Wear Fire & Rescue Service CC |
| 55 | 12:55 |  | Ian | Taylor | Blumilk.com |
| 56 | 12:56 |  | Frank | Devlin | South Shields Velo Cycling Club |
| 57 | 12:57 |  | David | Cole | Derwentside CC |
| 58 | 12:58 |  | Patrick | Schrempf | Durham Triathlon Club |
| 59 | 12:59 |  | Ray | Bell | Derwentside CC |
| 60 | 13:00 |  | John | Bowman | Muckle Cycle Club |
| 61 | 13:01 |  | Christian | Roberts | Allen Valley Velo |
| 62 | 13:02 |  | Barry | Taylor | VO2MAX Race Team |
| 63 | 13:03 |  | Barry | Holyoak | South Shields Velo Cycling Club |
| 64 | 13:04 |  | Stuart | Cook | Cestria C.C. |
| 65 | 13:05 |  | Chris | Mather | Derwentside CC |
| 66 | 13:06 |  | Aidan | Berry | North Tyneside Riders CC |
| 67 | 13:07 |  | Paul | Lofthouse | Ryton Tri Club |
| 68 | 13:08 |  | Lois | Jarvis | North Tyneside Riders CC |
| 69 | 13:09 |  | David | Purvis | Sunderland Clarion |
| 70 | 13:10 |  | Tim | Irwin | Team Kirkley Cycles |
| 71 | 13:11 |  | Philip | Gilbanks | Muckle Cycle Club |
| 72 | 13:12 |  | James | Gunn | Blaydon CC |
| 73 | 13:13 |  | Will | Roberts | Derwentside CC |
| 74 | 13:14 |  | Kevin | Kendall | Sun City Tri |
| 75 | 13:15 |  | Adam | Smith | Team Kirkley Cycles |
| 76 | 13:16 |  | Gareth | Swindells | Tricademy |
| 77 | 13:17 |  | Carl | Foreman | Muckle Cycle Club |
| 78 | 13:18 |  | Scott | Hunter | Berwick Wheelers Cycling Club |
| 79 | 13:19 |  | Richard | Exley | Gosforth RC |
| 80 | 13:20 |  | James | Hadfield | Blaydon CC |
| 81 | 13:21 |  | Paul | Barrett | Wearside Triathlon |
| 82 | 13:22 |  | Ian | Gallon | North Tyneside Riders CC |
| 83 | 13:23 |  | Howie | Buckingham | Allen Valley Velo |
| 84 | 13:24 |  | Matt | Ellis | North Tyneside Riders CC |
| 85 | 13:25 |  | Jay | Pitt | Velo Culture |
| 86 | 13:26 |  | Clive | Horton | Barnesbury CC |
| 87 | 13:27 |  | Paul | Richardson | Derwentside CC |
| 88 | 13:28 |  | Alistair | MacDonald | Sporting Club Gothic |
| 89 | 13:29 |  | Michael | Noble | Muckle Cycle Club |
| 90 | 13:30 |  | Ben | Lane | GS Metro |
| 91 | 13:31 |  | Richard | Glennie | Barnesbury CC |
| 92 | 13:32 |  | Stuart | Matthews | Infinity Cycles - Cube Store Cycling Team |
| 93 | 13:33 |  | Stephen | Hill | Barnesbury CC |
| 94 | 13:34 |  | David | Ballantyne | EMC Cycling |
| 95 | 13:35 |  | Andrew | Hall | GS Metro |
| 96 | 13:36 |  | Philip | Parsley | Muckle Cycle Club |
| 97 | 13:37 |  | Daniel | Holmes | Derwentside CC |
| 98 | 13:38 |  | Phil | Cook | Velo Culture |
| 99 | 13:39 |  | Mick | Chappel | North Tyneside Riders CC |
| 100 | 13:40 |  | Darren | Williamson | Muckle Cycle Club |
| 101 | 13:41 |  | Mal | Gray | Reifen Racing |
| 102 | 13:42 |  | James | Anderson | North Shields Polytechnic Club |
| 103 | 13:43 |  | Craig | Foley | Tricademy |
| 104 | 13:44 |  | Damon | Devine | Reifen Racing |
| 105 | 13:45 |  | Graham | Crammond | Vector Racing |
| 106 | 13:46 |  | Stephen | Locker | VO2MAX Race Team |
| 107 | 13:47 |  | Lee | Ridden | Reifen Racing |
| 108 | 13:48 |  | Marcus | Cram | Blaydon CC |
| 109 | 13:49 |  | Iain | Katz | VO2MAX Race Team |
| 110 | 13:50 |  | Lewis | Timmins | Vector Racing |
| 111 | 13:51 |  | Michael | Lynch | Derwentside CC |
| 112 | 13:52 |  | Chris | Burns | Reifen Racing |
| 113 | 13:53 |  | Gavin | Richardson | Sunderland Clarion |
| 114 | 13:54 |  | Peter | Hawkins | Muckle Cycle Club |
| 115 | 13:55 |  | Lewis | Wake | Team Kirkley Cycles |
| 116 | 13:56 |  | Mark | Whaley | Blaydon CC |
| 117 | 13:57 |  | Nick | Munro | Royal Air Force Cycling Association |
| 118 | 13:58 |  | Neil | Wilkinson | Blaydon CC |
| 119 | 13:59 |  | Barry | Kelly | Barnesbury CC |
| 120 | 14:00 |  | Jack | Rees | Ribble Weldtite Pro Cycling |
| 121 | Reserve 1 |  | Chris | Bown | SVTTA |
| 122 | Reserve 2 |  | Romain | Chuffart | Cestria C.C. |
| 123 | Reserve 3 |  | Henry | Frankish | North Tyneside Riders CC |

**Prize list**

**Due to the current climate there will be no presentation or top spread after the race. You will just have to go home in the knowledge that someday the cakes and coffee will reappear in a village hall, and in the future you can discuss CDA, WATTAGE and the likes……TOP BANTS!**

**For this reason, anyone who has won a prize will receive the cash via a bank transfer. If this is an issue for the recipient then something else can be arranged. I will contact the prize winners as soon as possible after results have been verified and published.**

**Men’s**

* **1st- £50**
* **2nd-£40**
* **3rd-£30**
* **4th-£20**
* **5th-£10**

**Women’s**

* **1st- £50**
* **2nd-£40**
* **3rd-£30**
* **4th-£20**
* **5th-£10**

**Junior Male**

* **1st-£20**

**Junior Female**

* **1st-£20**

**Road bike men’s**

* **1st- £20**

**Road bike women’s**

* **1st-£20**

**This one prize per rider. If any rider is fortunate enough to win two, they will receive the prize of the highest value.**

**TWFRS Prize list**

**Men’s**

* **1st-TWFRS championship trophy**

**Women’s**

* **1st- TWFRS Championship trophy**

**Firefighters**

* **1st- £30**
* **2nd-£20**
* **3rd-£10**

**Thank you for entering this race. Hopefully the weather treats you all well and it turns out to be a cracking day! Look forward to seeing you all at the event. In the meantime if there are any problems or queries, please don’t hesitate to email me.**

**IF ANY RIDER HAS TO WITHDRAW FOR WHATEVER REASON, PLEASE LET ME KNOW AT THE SOONEST POSSIBLE TIME. THIS WILL ALLOW A RESERVE RIDER TO TAKE YOUR PLACE AND KEEP THE RACE FIELD FULL. THANK YOU.**